



TAROT READING PARTIES

Host a Reading Party and help your friends gain some insight into their lives, becoming more enlightened and directed, while enjoying group energy.



Two - three hours of fun, empowerment and insight for you and your friends. It's like a candle or make-up party in that it's held at the host's home.

ENLIGHTENMENT PARTIES

Vision Boarding

What IS a Vision Board? A Vision Board is a powerful visualization tool, made by you, representing the things that you want to have, be, or do in your life. Do you know what you want to have, be, or do in your life? Find out by hosting an "Enlightenment Party" in the comfort of your own home. Discover and work with The Law of Attraction. "The Law of Attraction states that we attract into our lives anything that we give attention to, regardless whether it be positive or negative." (The Secret) Interactive and fun! Give your friends a gift they'll never forget..... and use for a lifetime.

LIVING WITH SPIRIT: Workshops for the (Re)Awakening

Workshop #1

Recognizing your Gifts & Abilities: It's your LIFE CONTRACT

- Signs from your childhood*
- Barriers from your childhood: Identifying them and getting past them*
- Creating your lifeline and connection with spirit*
- The adjustment period*
- Protection*
- Daily living*
- Creating a vision board; connecting with spirit*
- Creating a support system*
- Tarot reading*
- Automatic writing*
- The pendulum*

Workshop #2

The Importance of SELF-AWARENESS and Communication with Spirit

- Experience with Spirit: A reflection of a Belief System*
- Getting beyond the fear*
- Your intuition: trusting it*
- The importance of being in touch with your emotions*
- Your inner state: a reflection of your connection with others, living and spirit*
- Getting passed the blocks: conscious and subconscious*
- Importance of staying "in the moment"*
- Self-care and connecting with spirit*
- Personal writing and connection with spirit*

WORKPLACE WELLNESS WORKSHOPS

Create a Vision Board for your Organization

Identify, as a team — where you've been — where you are — and where you want to go. Brainstorm new, positive ideas and goals.

"Imagine" for Children

Creative Experiences — Hosted By Campgrounds — Designed For Campgrounds

Living in Balance

A holistic approach to stress management, providing the opportunity to identify what it would take to shift closer to a sense of balance.

Personal Writing for Everyday Life

Journaling is not just pen to paper and start to write. If given the chance, it can really change your everyday life!

It's 2010 — Are You Being True To Yourself Yet?

Learn the trick to meeting your own needs, finding your true purpose and discovering real contentment in your life.

For more information, contact Christine